

SAMPLE MENU

WE HAVE A 5 WEEK ROTATING MENU AND THE 2ND WEDNESDAY OF EACH MONTH IS SACK LUNCH WEDNESDAY WHERE THE CHILDREN BRING IN THEIR OWN LUNCHES.

Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt
Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk
Homemade Muffins &	Saltines w/ Crm Cheese	Peanut Butter Toast &	Ritz Crackers &	Granola Bars &
Milk	Milk	Milk	Cheddar cheese	Milk
Grilled Cheese Sand	Chili/ Rice Casserole	Spaghetti	Chicken Salad Sandwich	Peanut Butter Sandwich
Oranges, Carrots	Applesauce, Corn	Oranges, Peas	Pineapple, Mix Veggie	Apples, Carrots
Milk	Milk	Milk	Milk	Milk
Fish Crck ,Cheese Stick	Graham Crackers , Milk	Pretzeis ,Cheese Cubes	Homemade Cookie, Milk	Popcorn, Juice
Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt
Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk
Homemade Muffins &	Cinnamon Toast &	Veggie Sticks &	Veggie & Dip &	Biscuits w/ Butter &
Milk	Milk	Apple Juice	Milk	Milk
Macaroni & Cheese	Lunch Meat Sandwich	Shepherd's Pie	Taco Casserole	Peanut Butter Sandwich Apples, Carrots Milk
Oranges, Carrots	Applesauce, Gr Beans	Peaches, Mix Veggies	Pineapple, Corn	
Milk	Milk	Milk	Milk	
Animal Crcks, Cheese	Chips and Salsa	Crackers, Milk	Homemade Cookie, Milk	Popcorn, Juice
Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt
Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk
Homemade Muffins &	Cinnamon Toast &	Tortilla Pinwheels &	Graham Crackers &	Veggie Sticks &
Milk	Milk	Milk	Applesauce	Milk
Quesadillas	Hotdogs	Stroganoff	English Muffin Pizza	Peanut Butter Sandwich
Oranges, Carrots	Fries, Fruit Cocktail	Applesauce, Gr Beans	Mand Oranges, Corn	Apples, Carrots
Milk	Milk	Milk	Milk	Milk
Graham Crackers, Milk	Wheat Crckr, Cheese St.	Ham, Cheese, Crckr Tray	Krispie Treats, Milk	Popcorn, Juice
Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt
Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk	Buttered Bread, Milk
Homemade Muffins &	Biscuits with jam &	Peanut Butter Saltines &	Veggie Sticks &	Cinnamon Toast &
Milk	Milk	Milk	Milk	Milk
Lunch Meat Sand	Lasagna	Tater Tot Casserole	Pancakes & Eggs	Peanut Butter Sandwich
Oranges, Carrots	Applesauce, Gr Beans	Fruit Cocktail, Mix Veggie	Mand Oranges	Apples, Carrots
Milk	Milk	Milk	Milk	Milk
Fish Crck ,Cheese Stick	Hi ho Crackers, Milk	Snack Mix, Milk	Homemade Cookie, Milk	Popcorn, Juice
Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt	Cereal, Yogurt
Buttered Bread, Milk	Buttered Toast, Milk	Buttered Toast, Milk	Buttered Toast, Milk	Buttered Bread, Milk
Homemade Muffins &	Ritz w/ Peanut Butter &	Toast &	Pretzels &	Biscuits w/ Jam &
Milk	Milk	Applesauce	Cheese Cubes	Milk
Ramen Noodles	Mac and Cheese	Spaghetti	Quesadillas	Peanut Butter Sandwich
Oranges, Carrots	Pears, Mix Veggles	Peaches, Peas	Pineapple, Corn	Apples, Carrots
Milk	Milk	Milk	Milk	Milk
Cheeze its, Milk	Chips And Salsa	Graham Crackers & Milk	Crispy Treat, Milk	Popcorn, Juice